

EXECUTIVE REPORT

Vice President Student Services

Han Yan

April 2017



I. EXECUTIVE SUMMARY AND RESPONSIBILITIES

The Student Affairs Portfolio is involved in member services, including the CFMS discounts, leadership awards, and web-based services. The portfolio is also integral in promoting student wellness, and connecting medical students across the country.

This year, a major focus of mine was to help third and fourth year students. Therefore, targeted resources were acquired for Canadian clerkship and elective students.

II. MEETINGS & CONFERENCES

Meeting	Location	Date	Time
CFMS Annual General Meeting	Edmonton, AB	Sept 22 - Sept 25, 2016	4 days
Meeting with CFMS President	Calgary, AB	Oct 1, 2016	1 hour
Meeting with CFMS Exec VP	Teleconference	Oct 5, 2016	1 hour
Meeting with CFMS VP Finance	Teleconference	Oct 9, 2016	30 min
CFMS Wellness Committee	Teleconference	Oct 9, 2016	1 hour
Meeting with CFMS VP Alumni	Teleconference	Oct 12, 2016	30 min
CFMS Fall Executive TC	Teleconference	Oct 15, 2016	2 hours
Ultimate Presidents' Roundtable	Teleconference	Oct 23, 2016	1 hour
Wellness Survey Meeting	Teleconference	Oct 25, 2016	1 hour
MD Financial Management Meeting	Teleconference	Oct 26, 2016	1 hour
CFMS Fall Executive Meeting	Ottawa, ON	Nov 4 – Nov 6, 2016	2 days
CFMS Wellness Committee	Teleconference	Nov 6, 2016	1 hour
Meeting with CFMS VP Finance	Teleconference	Nov 27, 2016	30 min
VP Student Affairs Transition	Teleconference	Nov 30, 2016	1 hour
Medical Post Interview	Teleconference	Dec 2, 2016	1 hour
CFMS Executive Meeting	Teleconference	Nov 22, 2015	3 hours
AFMC Student Portal Enhancements Working Group	Teleconference	Nov 24, 2016	2 hours
AFMC Student Portal Steering Committee	Teleconference	Dec 1, 2015	2 hours
CFMS Wellness Committee	Teleconference	Dec 4, 2016	1 hour
UpToDate Update	Teleconference	Jan 4, 2017	1 hour
MedsHousing Information	Teleconference	Jan 6, 2017	30 min
CFMS Winter Executive Meeting	Toronto, ON	Jan 6 – Jan 8, 2017	2 days
CFMS Wellness Committee	Teleconference	Jan 8, 2017	1 hour
CFMS Wellness Committee	Teleconference	Feb 12, 2017	1 hour
CFMS Database Committee	Teleconference	Feb 19, 2017	45 min
Meeting with CFMS President	Teleconference	Feb 21, 2017	30 min
Wellness Survey Progress	Teleconference	Feb 22, 2017	30 min
CFMS Winter Executive TC	Teleconference	Feb 25, 2017	2 hours
Wellness Studentship Interview Process	Teleconference	Feb 22 – Mar 11, 2017	4 hours
CFMS Wellness Committee	Teleconference	Mar 5, 2017	1 hour
CMA Presentation at SGM	Teleconference	Mar 8, 2017	30 min
CFMS Tap Strategic Plan	Teleconference	Mar 27, 2017	30 min
CFMS Wellness Committee	Teleconference	Apr 9, 2017	1 hour

CMA Small Working Group	Teleconference	Apr 13, 2017	30 min
Wellness Survey Update	Teleconference	Apr 13, 2017	1 hour
CFMS Spring Executive TC	Teleconference	Apr 19, 2017	2 hours

III. Wellness Portfolio

Wellness Month

- Dates were Jan 16th - Feb 10th with participation at all the medical schools in Canada
- There were 1570 participants with over 5400 #keepsmeWell Instagram posts
- Weeks: 1 - Nutrition, 2 - Mental Health, 3 - Physical, 4 - Social Balance
- Funding included \$100 prize from CFMS to each of our 14 schools
- MDFM provided 4 fit bit products and 4 gift cards
- Several Ontario schools provided data in pre- and post- Wellness Month surveys to be presented at CCME

Wellness Committee

- Hot topics for discussion included: Wellness Retreats, Distributive Learning Strategies, Mindfulness apps
- Current projects include: Residency FAQ sheet, Flex Days Position Paper

Wellness Survey

- First manuscript on mental health to be submitted in the spring/summer of 2017 to *Academic Medicine* and/or *Medical Education*
- Presentations during 2016/2017 include:
 - o International Conference on Physician Health; Boston, September 2016
 - o Dalhousie Psychiatric Conference; Halifax, March 2017
 - o CCME; Winnipeg, April 2017
- Application process conducted for two studentships who will present at the Canadian Conference on Physician Health with focus on:
 - o Stigma and Seeking-Behaviours
 - o Environmental Predictors of Mental Health
- Acquisition of a new statistician, Bilal Kobeissi, in addition with continuing our work with Dr Eva Gu erin

For specific questions regarding the CFMS-FMEQ Health and Wellbeing Survey, please contact studentaffairs@cfms.org and Brandon Maser at bmaser@ualberta.ca.

Next Steps

- Currently, compilation of resource guide for “Clerkship Confidential” workshop

IV. Discounts Portfolio

Previous Discounts

- Set up Social Media Calendar to time all the advertisements with VP Communications
 - o This includes weekly discount advertisements and inclusion in the CFMS Communique
- Relationships with current sponsors well maintained. Top discounts include:
 - o UpToDate, Westjet, Lasik, Complete Anatomy App
- Migration to New Website already planned; migration occurring with the aid of IT officers

Future Discounts

- Plan to engage VIA Rail, or a potential cell phone plans

V. Services Portfolio

Services for the Class of 2017

- Liaison from each school emailed out CaRMS related resources (travel discounts, couples match app, communication from CaRMS)
- This group has also contributed greatly to the
 - o Interview Database Survey
 - o Electives Database Survey

Couples Match App

- Now available online, on the new website

Databases (Interview & Elective)

- Committee established to work on this project (3 members)
- Interview Database (beta version) ready to be released
 - o Will require transfer onto CFMS New Website
- Electives Database
 - o Sent out to the class of 2017 for data collection

VI. MD Financial Leadership Awards

- In collaboration with Dr Jesse Kancir, CFMS VP Alumni, we coordinated the second iteration of the MD Financial Leadership Awards
- Thirteen successful award winners were selected amongst 60+ applicants
- MD Financial Management Leadership Award Cocktail Reception at SGM 2017
- Applicants will receive \$2000 as well as subsidized travel to Winnipeg

If you have any questions, please do not hesitate to contact Han Yan at vpstudentaffairs@cfms.org